

# GUIDE TO THE HIGH HOLY DAYS

## ELUL Our month of preparation

Jewish tradition encourages us to engage in the hard work of introspection and growth for a full month before the holidays begin.

Throughout this Hebrew month of Elul, our Temple Beth Am clergy invites you to join us for special Shabbat services designed to guide this work. We will explore a new theme each week to help us prepare for the awesomeness of these holy days.

### S'lichot

**SATURDAY, SEPTEMBER 28**

A NIGHT IN ALL WHITE

The Frankel Family Performing Arts Center, The Hub

This spiritual service, featuring our High Holy Day band led by Senior Cantor Tifani Coyot, officially kicks off the High Holy Day Season. We encourage you to wear white to symbolize purity and rebirth.

Join us before the service for dinner, drinks and dessert! Reconnect with old friends and meet new members of the community.

We will move into our S'lichot service with inspiring teachings and an immersive musical and prayerful experience with our clergy.

Please RSVP at [tbam.org/slichot](http://tbam.org/slichot)  
Questions? Call Rita Diaz, 786.364.9434

Friday  
**SEPTEMBER 6**  
**T'KIAH**

Hear the Call

Friday  
**SEPTEMBER 13**  
**T'SHUVAH**

Renew & Return Home

Friday  
**SEPTEMBER 20**  
**CHESHBON HANEFESH**

Recovery

Friday  
**SEPTEMBER 27**  
**SHLEIMUT**

Reconcile

Saturday  
**SEPTEMBER 28**  
**S'lichot**

## ROSH HASHANAH YOM KIPPUR SERVICES

### ROSH HASHANAH

#### EREV ROSH HASHANAH

Rosh HaShanah evening services are beautiful and majestic. This service marks the start of a 10-day period of reflection and repentance known as the Days of Awe.

Please join us for our annual Rosh HaShanah dinner. Bring your family and friends and share in a beautiful meal catered by Michael Meltzer before we welcome the new year with our clergy and community at Erev Rosh HaShanah services.

#### CONSERVATIVE SERVICE

Return to the land of your soul this New Year with Cantor Flaxman and cantorial soloist Sam Rosner. These traditional services are filled with timeless melodies and all the blasts of the shofar!

#### SECOND DAY SERVICE

The second day of Rosh HaShanah gives us the opportunity to pray together in a more intimate community environment, with a festive lunch to follow.

#### TASHLICH

Our clergy will help us to prepare to cast off our sins into living waters at Coral Reef Park through uplifting music, inspirational words and the sound of the shofar. Appropriate for all ages.

#### GRAVESIDE VISITS

It is a Jewish custom to visit the graves of our loved ones at this time of the year. Our clergy will lead memorial services at Mount Nebo Kendall, Old Mount Nebo, and Lakeside Memorial Park. Please email Mindy Robbin at [mrobbin@tbam.org](mailto:mrobbin@tbam.org) if you would like to participate.

### ROSH HASHANAH YOM KIPPUR

#### MIAMI JEWS YOUNG PROFESSIONALS SERVICE

Join Rabbi Rachel Greengrass for a relaxed, musical and meditative service.

#### EARLY SERVICE

Begin the new year with TBAM's renowned High Holy Day Teen Choir for a service filled with music to help us engage in self-reflection and renewal.

#### LATE SERVICE

Join our clergy and musicians for a service filled with beautiful choral arrangements, inspiring messages and thought-provoking sermons.

#### KIDS K'HILAH

While you pray at the early service in the sanctuary, your children are invited to enjoy an awesome High Holy Day experience of their own led by Rabbi Rachel Greengrass and the Youth Department. This experience is designed for children in K-5th grade.

#### FAMILY SERVICE

Join Rabbi Rachel Greengrass & Senior Cantor Tifani Coyot for an abbreviated afternoon service designed for families with young children, featuring our Pop Up Kids Choir. Free of charge and open to the community. No reservations or admittance cards required.

### YOM KIPPUR

#### KOL NIDRE

The 24 hours of introspection on Yom Kippur begin with the majestic sound of the cello and the cantor singing the Kol Nidre prayer, a powerful declaration that awakens our souls as we prepare for the most solemn day of the Jewish year.

#### CONSERVATIVE SERVICE

"On Yom Kippur it is sealed." Immerse yourself in the ancient prayers, and be cleansed through the music of the Sabbath of Sabbaths with Cantor Flaxman and cantorial soloist Sam Rosner.

### YOM KIPPUR CLOSING SERVICES

#### Mincha

Join us for a brief service, reading of the Torah and recitation of the Book of Jonah.

#### Yizkor

We join as a community to support one another in honoring the memories of our loved ones and reflecting on feelings of grief and loss.

#### Neilah

As the sun sets and the gates close, we use uplifting music and energizing readings to experience the most joyous moments of the High Holy Days. We invite all ages to join us for our final blast of the shofar, immediately followed by a light meal to break the fast.

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## ADMITTANCE CARDS

To ensure that we are able to accommodate our congregation, High Holy Day admittance cards are issued to member families only. Each individual of a member's family will receive an admittance card which will be checked at each service. Children under the age of six do not need an admittance card. Admittance cards are assigned to a specific individual and are non-transferable. For security and safety reasons, it is absolutely necessary for all members to bring their admittance card to services. Please be sure to complete your family's admittance card request form and return as soon as possible.

## YOUNG ADULTS | YOUNG FAMILIES

Temple membership is available at no cost for our Young Adult/Family membership category, established to encourage young adults ages 21-29 to become members of Temple Beth Am. This incentive is not available to Day School families.

For further details contact Rita Diaz, Membership Director, 786.364.9434, rdiaz@tbam.org.

## LOCAL EXTENDED FAMILY

Parents and adult children of members residing in Miami-Dade County are encouraged to join Temple Beth Am and participate in the many programs we offer. Families or individuals who wish to become members, but cannot meet our suggested financial commitment, are invited to meet in total confidentiality with Rita Diaz, Membership Director, 786.364.9434, rdiaz@tbam.org.

## OUT-OF-TOWN EXTENDED FAMILY

With the knowledge that some congregants have extended family with whom they wish to share the High Holy Days, our Board of Directors has created an Extended Family policy. Extended Family is defined as parents or adult children over the age of 29 who reside outside of Miami-Dade County. Extended Family are offered High Holy Day admittance cards for a financial commitment of \$100 per person.

## RECIPROCITY ARRANGEMENT

Any member who is traveling out of town for the High Holy Days and would like to worship at another synagogue should contact Mindy Robbin, 786.364.9446, mrobbin@tbam.org, as soon as possible to obtain a reciprocity request form.

## MEMBERS WITH SPECIAL NEEDS

Special seating is available to our members with special needs (plus one other person) that would otherwise prevent them from attending High Holy Day Services. Contact Phylcia Cook, 786.364.9432, pcook@tbam.org, for more information. Preparations are necessary to provide special seating accommodations, so we ask that you call no later than Friday, September 20.

We may not be able to honor requests after the above date. All approved accommodations will be held until 15 minutes before the beginning of each worship service. At that time, all unoccupied seats will be released for general congregational worship.

## CHILDCARE

Babysitting services for children 2-5 years will be available on Rosh HaShanah Day 1 from 8:15 AM - 2:30 PM, and on Yom Kippur Day from 8:15 AM - 2:30 PM. Contact Donna Coughlin at 305.667.6667 or dcoughlin@tbam.org for more information.

## PROCEDURES FOR LATE SERVICES

Those requesting admittance cards to our Late Services (Rosh HaShanah Day and Yom Kippur Day) will be assigned sections for seating. Your admittance card will be color coded by designated sections. These sections will rotate between Rosh HaShanah and Yom Kippur, giving everyone an opportunity to be seated in the front seating section of the Sanctuary. Timely arrival for worship services will enable everyone to be comfortably seated in their assigned sections. Your cooperation, assistance and consideration are needed and appreciated.

## SAFETY AND SECURITY

Safety and security at all times is of primary concern. In order to facilitate a smooth admittance process, please do not bring backpacks or large bags to services, as all of these items will be subject to a security search.

If you decide to use a ride sharing service such as UBER or LYFT please note you will be required to show your admittance cards for the vehicle to enter and drop you off inside the campus. Children under age 12 must be escorted by an adult at all times when they are not worshipping in the Sanctuary. We are not able to monitor your children's actions and activities when they are not in your presence. For the sanctity and holiness of everyone's worship experience we ask for your cooperation and assistance.

## HIGH HOLY DAY USHERS

High Holy Day Ushers are needed at each service. If you can volunteer to usher at a service, you will be performing a great mitzvah. Assistance is needed before, during and after each service. Contact Janice Baisman, 786.364.9445, jbaisman@tbam.org, for more information.

## ANNUAL HIGH HOLY DAY FOOD DRIVE

The Tikkun Olam Committee again will collect food staples for those in need and donate to the Jewish Community Services (JCS) Kasher Food Bank - the only food bank in Miami-Dade County to which those who observe kosher (kashrut) dietary laws can turn. JCS' Kasher Food Bank provides food to more than 400 families and nearly 100 Holocaust survivors. As you exit Rosh HaShanah Services, look for the empty Publix grocery bags. Please fill this, or any other shopping bag, with non-perishable food items, and bring to Temple Beth Am any time between Rosh HaShanah and Yom Kippur. Your act of kindness means so much. Please check our website for details at tbam.org/hhd.

## GRAVESIDE VISITS

**Sunday, October 6, 10:00 AM**

It is a Jewish custom to visit the graves of our loved ones at this time of the year. Our clergy will lead memorial services at Mount Nebo Kendall, Old Mount Nebo, and Lakeside Memorial Park.

Contact Mindy Robbin 786.364.9446, mrobbin@tbam.org, if you would like to participate.

**To preserve the sanctity of our services, cell phones and ALL portable devices must be turned off.**